



**Class Dates: April 13<sup>th</sup> - May 11<sup>th</sup> (Tuesday Afternoons only) - Time: 4 - 7pm**

**Location: Willett Elementary School - MPR**

**Must attend all 5 Classes**

# Women's Self-Defense

**Could You Effectively Defend Yourself If Attacked?**

**Comprehensive Course for Women**

Taught by Nationally Certified RAD Instructors  
Colleen Turay, Debra Doroshov,  
Nadine Sellers, Lorelee Cox & Eddie Ellsworth

**Awareness & Prevention**  
Risk Reduction & Avoidance

**Hands-On Training**  
Realistic Self-Defense Tactics & Techniques

For more information or

**TO REGISTER Contact:**

Colleen Turay (530) 747-5421

\$25 non- refundable materials fee

Make checks payable to:

"Davis Police Dept. RAD Program

